**Thursday October 10th – Morning**
10:00 – First Opening of Registration Desk
12:00 – IMACSSS General Assembly (for associates – You can make your application)
13:00 – Lunch break

**Thursday October 10th – Afternoon (15:00-19:00)**
14:00 – Opening of Registration Desk

**15:00-15:30 – Opening Session**

**Topic 1 - Research on MA&CS**
Chair: Thomas Green - USA

**Research on Academy**
15:30-15:50 - Mikel Pérez-Gutiérrez, Carlos Cobo-Corrales
Martial Arts and Combat Sports Theses and Dissertations indexed in BASE database: a bibliometric approach

15:50-17:30 – Round Table (including open debate)
Qualitative and quantitative methods in the study of martial arts and combat sports
Coordinators: Thomas Green (USA) and Stefania Skowron-Markowska (Poland) – Participants: W. Cynarski (Poland); C. Gutiérrez-García (Spain); A.Figueiredo (Portugal); Stefania Skowron-Markowska (Poland), and Jozef Simenko (UK).

17:30 – Coffee Break

**Research on Poster Session (3 to 5 minutes presentation + Final Discussion)**
Chair: Abel Figueiredo - Portugal
18:00-18:30
António Vencesbrito, Mário A. Rodrigues-Ferreira, Vitor Milheiro, Marco Branco, Cristiana Mercê, Ana Paula Seabra & David Catela
Metabolic and energetics characterization and gender comparison in prepubertal karate practitioners

Kentaro Tai, Shutaro Jinno, Namika Motoshima, Toshiyuki Miyara
A Study of a Karate Trial Teaching Class in a Teacher Training Course – Based on Students’ Formative Evaluation

John A. Johnson, Wojciech J. Cynarski, Sunjung Lee
ITF Taekwon-Do pedagogy in North Korea: a case study

Rodrigo Batalha Silva, Alexandre Andrade, Guilherme Guimarães Bevilacqua, Adriano Schloesser, Miguel Alencar Flores Junior, Bianca dos Santos Severino, & Maria Eduarda Soares Rodrigues
Mood states and self-rated health of Brazilian jiu-jitsu fighters in competition

Guilherme Bevilacqua, Rodrigo Silva, Verônica Claudino, Bianca dos Santos Severino, Maria Rodrigues, & Alexandre Andrade
Self-rated sleep quality and mood states of Brazilian fighters

Ting Xu, Guodong Zhang
Research Progress of Restraining Campus Bullying by Martial Arts Training

**18:30-19:00 – Debate on Research and MA&CS**
Final Program

Friday October 11th – Morning (9:00-13:00)
08:30 – Opening of Registration Desk

Topic 2 – Pedagogy and Didactics in MA&CS
Chair: Carlos Gutierrez-Garcia - Spain

9:00 - Bruno AVELAR-ROSA, Victor LÓPEZ-ROS
What happens during a teaching-learning process of Martial Arts and Combat Sports with novice – A case-study focused on the joint activity organization analysis

09:20 - Debate in Pedagogy and Didactics Analysis

Topic 3a – Physical, Technical and Tactical dimensions on MA&CS
Chair: Mohamed SHAPIE

09:40 – Luis Fernandes MONTEIRO

10:00 – Jožef ŠIMENKO
The benefits of Functional Movement Screen in judo

10:30 – Coffee Break

Topic 3b – Physical, Technical and Tactical dimensions on MA&CS
Chair: António Brito – Portugal

11:00 - Mohamad Nizam Mohamed SHAPIE, Diyanna Athirah JAMSARI, Afrina MOHD RAZI, Jamiaton KUSRIN, & Wahidah TUMIJAN
Comparison of action performances and outcomes between winners and losers in young female silat tempur matches

11:20 - J An PAWISTA & Mohamad Nizam Mohamed SHAPIE
Activity profile between winners and losers among female exponents in international silat olahraga competition

11:40 - Dahlia AL-SYURGAWI, Mohamad Nizam Mohamed SHAPIE
The effects of a 6-week plyometric training on muscular strength performance in silat exponents

12:00 - Leonard MARYNOWSKI
The gist and significance of wrist work in the old Polish fencing sabre based on selected techniques of cuts and thrusts

12:20-13:00 - Debate in Physical, Technical and Tatical dimensions on MA&CS

13:00 – Lunch Break
Final Program

Friday October 11th – Afternoon (15:00-19:00)

14:30 – Opening of Registration Desk

Topic 4 - Psychological dimensions on MA&CS
Chair: Luís Monteiro - Portugal

15:00 - António SILVA & António QUARESMA
Motivation and MA&CS participation: Study protocol

15:20 - Roberto Ruiz BARQUÍN, Adrián PLURA MALDONADO, & Carlos GUTIÉRREZ-GARCÍA
Psychological characteristics of developing excellence in mixed martial arts athletes

15:40 - Grzegorz KOZDRAŚ
Empathy in children practicing judo compared to their non-practicing peers

16:00 - Jakub POKOJSKI
Old polish warrior's path - psychophysical and martial preparation of a young nobleman in modern Poland

16:20 - Debate on Psychological dimensions of MA&CS

16:30 – Coffee Break

Topic 5 – Socio-cultural dimension on MA&CS
Chair: Cristiano Barreira - Brasil

17:00 - Thomas A. GREEN
"Deep Cover": Identities and Ethics in Martial Arts Fieldwork

17:20 - Vítor ROSA
Sociological analysis of three dual combat practices in Portugal: the case study of aikido, judo and wrestling

17:40 - Cristina RODRÍGUEZ-RODRÍGUEZ, María PERRINO-PEÑA
Women’s judo in Spain. Past and present

18:00 - Marcelo Alberto de OLIVEIRA, Jefferson Campos LOPES, Ricardo João SONODA-NUNES, & Abel FIGUEIREDO
The sportivization process of a martial art: the karate

18:20-19:00 – Debate on Socio-cultural dimension on MA&CS

20:30-22:00 – Official Dinner
Saturday October 12th – Morning (9:00-13:00)

Topic 6 – Philosophical dimension on MA&CS
Chair: Vitor Rosa

09:00 - Thabata CASTELO BRANCO TELLES, Cristiano ROQUE ANTUNES BARREIRA
The role of pre-reflexive processes in learning how to fight: contributions from phenomenology

09:20 - Cristiano ROQUE ANTUNES BARREIRA
From phenomenology for a theory of Corporal Combat and Martial Arts

09:40 - Rudolf JAKHEL
Karate's ambiguity: traditional martial art or modern combat sport

10:00 - Wojciech J. CYNARSKI
Remarks on the philosophy of Idokan Karate

10:20 – Coffee Break

11:00-12:30 – Round Table Debate on philosophy and Institutionalization of MA&CS with special Participation of Fuminori Nakiri – President of Japanese Academy of Budo.

Conclusion

12:30 – General debate about Congress and conclusions

12:50 – Closing Session